



AUGUST 2025 NEWSLETTER

8月

English Version



✧ We will open swimming areas (海水浴場) ✧

Beaches in Numazu have the highest-rated water quality in Japan. Why not go to the beaches in Numazu this summer?

	Beach	Opening period
①	Ose Beach	July 19 (Sat) – August 24 (Sun)
②	Ita Beach	July 19 (Sat) – August 24 (Sun)
③	Hirasawa Beach (Lalala Sun Beach)	July 19 (Sat) – August 31 (Sun)
④	Mihama Beach	July 19 (Sat) – August 31 (Sun)
⑤	Sembonhama Beach	August 2 (Sat) – August 17 (Sun)
⑥	Togo/Shige Beach	August 2 (Sat) – August 17 (Sun)

Time

① 9:30 – 16:00

②④⑤⑥ 8:30 – 16:00

③ 8:30 – 16:30

*Lifeguards will be deployed during these times.

*Please visit Numazu Tourist Portal website for more details.

• **Contact:** ☎055-934-4746 Tourism Strategy Division (*Kanko Senryaku-ka*)



Numazu
Tourism Portal

✧ July 31 (Thu) is the deadline for payment of the first installment of the National Health Insurance premium ✧

All 8 premium payment slips were enclosed in the notice sent in mid-July for the current year (July to February, 2026). For payment instructions, please see the back of the payment slip.

*If you have already registered for direct debit, no payment slip is enclosed.

✧ **You can now apply for direct debit on your smartphone**

Direct debit is a convenient way to avoid missed payment.

✧For details on how to apply, please visit the city website.

• **Contact/Apply:** ☎055-934-4727 National Health Insurance Division
(*Kokumin Kenko Hoken-ka*)



City Website

✧ The Expiration date for the Elderly Health Insurance Card/Certificate of Eligibility (Green) is July 31 (Thu). ✧

As a provisional measure, all individuals enrolled in the Medical Care System for the Elderly were sent a Certificate of Eligibility Confirmation (orange)/資格確認書, valid for one year from August 1 in mid-July, regardless of whether they have a MyNumber Card for health insurance.

The Certificate of Eligibility Confirmation/資格確認書, can be used as a substitute for the health insurance card.

Contact: ☎055-934-4728 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

✧ Status Report of Child-Rearing Allowance (*Jido Fuyo Teate no Genkyo Todoke*) ✧

- **Period of submission:** August 1 (Fri) – 29 (Fri) (except for Saturdays, Sundays and National Holidays)
 - **Where:** Children's future Creation Division, 1st floor, City Hall
*A notice with required documents will be sent to applicable people.
 - **Contact:** ☎055-934-4868 Children's future Creation Division (*Kodomo Mirai Sozo-ka*)
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✧ Applications for the change of designated school for new elementary/junior high school students (指定校変更/*Shiteiko Henko*) for the Reiwa 8 fiscal year ✧

- **What:** You can make a request to go to a school adjacent to the designated school based on your address. An application is required.
- **How to:** Please apply online or send an application form by post.
- **When:** Applications must arrive by August 22.
*Please contact us for more detail.
- **Apply/Contact:** ☎ 055-934-4808/ 〒410-8601 Numazu Shiyakusho, School Education Division (*Gakko Kyoiku-ka*)



Dedicated form

✧ Application for long-term nursing care insurance burden limit certification ✧

- **What:** For those who meet certain conditions, there is a system to reduce the copayments for food and living expenses (room fee) associated with care facility admission and short-stay use. Application is needed.
 - **Who:** Non-taxable households (Spouse in a separate household should also be non-taxable.) and people with less than a certain amount of savings, etc.
*Please contact us or visit city website for more information.
 - **Contact:** ☎ 055-934-4874 Nursing Care Insurance Division (*Kaigo Hoken-ka*)
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 - **Contact:** ☎ 055-934-4874 Nursing Care Insurance Division (*Kaigo Hoken-ka*)
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✧ Subsidy for Inpatient Medical Expenses for Mentally Illnesses ✧

The system provides subsidies for long-term inpatient medical expenses for persons with mentally illnesses. Application needed.

- **Eligibility:** 1. Persons with mental disabilities living in the city who have been hospitalized for more than three months in a row.
2. Persons who have received this medical expense subsidy and are re-hospitalized within six months after discharge.
- **Subsidy amount:**
One third of the insurance medical treatment co-payment, minus the amount covered by high-cost medical treatment and other benefits.
- **Application period:**
Within one year from the month of treatment covered by the subsidy, up to the same month of the following year.

*For details, please visit the city website or contact below.

- **Contact/Apply:** ☎055-934-4829/Fax: 055-934-2631 Disabled Person's Welfare Division (Shokgai Fukushi-ka)

✧ National Pension Exemption System ✧

Those whose income in the previous year was below a certain amount and who have difficulty paying the premiums can apply for an exemption instead of leaving the nonpayment as it is.

If approved, they will be exempted from paying all or part of the premiums.

In addition, there is a "payment deferment system (納付猶予制度)" for those under 50 years of age.

*The application can be made retroactively up to two years and one month prior to the time of application.

*Please contact us for more information.

- **Apply/Contact:** ☎055-934-4724 Citizen's Division (Shimin-ka)

✧ Don't hesitate to ask for help. We support people facing poverty ✧

◆About Numazu City Independence Consultation Support Center (Jiritsu Sodan Shien Center)

Specialized counseling support staff will provide advice to people living in the city and facing financial difficulties due to work or daily life issues.

We create personalized support plans, collaborate with relevant organizations, and utilize necessary public systems and services to help them achieve independence.

- **Opening Hours:** 9:00 - 17:45 (Closed on Sundays, National Holidays, third Mondays of the month, and Year-end and New Year holidays)
- **Where:** Sunwell Numazu, 2F

◆Do you have any of the following concerns?

- Trouble finding work
- Trouble managing debts and household finances
- Difficulties but don't know where to contact or consult
- Want your child to go to a cram school but cannot afford for it

◆Main Support Services in Response to Consultations

- **Support for Employment**

We provide opportunities for acquiring life and social adaptability as well as work training, for those who encounter difficulty finding immediate employment.

- **Support for Household improvements**

We assist in understanding and rebuilding income, expenses, and other household expenses using a household budget chart.

- **Support for Securing Residence**

We provide an amount equivalent to rent for a certain period under certain conditions. This support applies to those having difficulty paying rent or who have lost their residence due to unemployment or a decrease in income.

- **Learning Support for Children**

For junior high school students, their guardians, etc. from needy households; we provide support about studying and higher education.

- **Contact:** ☎0120-86-1620 Numazu City Independence Consultation Support Center/☎055-934-4863 Social Welfare Division (*Shakai Fukushima*)

✧ Lifesaving Seminar: Ordinary First Aid Course I ✧

- **When:** Sunday, August 24, 9:00 – 12:00 noon
- **Where:** Emergency Work Station (On the grounds of the municipal hospital)
- **Contents:** Cardiopulmonary resuscitation (CPR) for adults, handling of AED, hemostasis, heimlich maneuver, etc
- **Who:** Junior high school students and older who live or commute to work or school in the Sunto Izu Fire Headquarters area
- **Capacity:** 30 participants (first-come-first-served basis)
- **How to apply:** By phone from 8:30 am on Thursday, July 24.
- **Apply/Contact:** ☎ 055-921-9999 Emergency Workstation (*Kyukyu Workstation*)

✧ Information from the Health center ✧

Numazu Bone Marrow Donor Subsidy

Subsidies are provided to reduce the financial burden on persons who wish to donate bone marrow etc, and the establishments where they work, to create an environment that facilitates the donation of bone marrow, etc.

- **Who:** ①People who live in Numazu at the point of donation
②Domestic business establishments where person ① works.
- **Subsidy Amount:** ① Corresponding to the number of hospital-visit-days for donating bone marrow, 20,000yen per day (maximum:140,000 yen)
②Corresponding to the number of hospital-visit-days of person ①; 10,000 yen per day (maximum: 70,000 yen)
- **Application Deadline:** Within a year from the day after the final hospital visit for taking bone marrow, etc.



Be careful with ticks

If you are bitten by a tick, you may be infected with severe fever with thrombocytopenia syndrome (SFTS), Japanese spotted fever, etc. Please be careful not to be bitten by a tick when you are outdoors.

◆Precaution

1. When going into bushes, wear a long sleeves and pants and expose less skin.
2. Use insect repellent
3. After outdoor activities, always check for tick bites



◆If Bitten by a Tick

Do not attempt to remove the tick yourself. Seek treatment at a medical institution. Pay close attention to any changes in your physical condition for several weeks, and if you notice any symptoms such as fever, please seek medical attention as soon as possible.

Issuance of Maternal and Child Health Handbooks

When you find out you are pregnant, please obtain a Maternal and Child Health Handbook from a health centre.

- **When** Weekdays, 8:30-16:30
- **What to bring** Pregnancy notification form, My number card, Residence card (for foreign nationals), a document showing the pregnant woman's bank details, receipt from the first obstetric visit.

◆ Support benefits for pregnant women started on April 1. Cases such as miscarriages before the issue of the Maternal and Child Health Handbook may also be covered. For more information, please contact us.

- **Contact/Apply:** ☎055-951-3480 Health Promotion Division (*Kenko Zukuri-ka*)



✧ Summer Food Drive ✧

The city collects surplus food from households in food drive collection boxes located throughout the city and donates it to the local food bank. Food drive collection boxes will be set up at City Hall and other locations until Sunday, August 31. Please cooperate by donating food free of charge.

- **Collection Locations:** City Hall 1F next to the general information desk, at each citizen's counter office, Sunwell Numazu 2F in front of the Council of Social Welfare, etc.
- **Acceptable Food Items:** Unopened, non-perishable food that can be stored at room temperature and has at least two months remaining before the expiration date, such as rice, canned food, instant food, retort pouch food (excluding fresh food)

*For more details, please visit the city website

- **Contact:** ☎055-934-4863 Social Welfare Division

✧ Municipal Housing ✧

Name of Municipal Housing	Number of units available
Jiyugaoka Danchi	5
Ishida Danchi	1
Ariosu (Ooka)	2
Vira Wisteria (Ooka)	1
Kobayashi Danchi	1
Tiara Mansion (Kanaoka)	1

Name of Municipal Housing	Number of units available
Hara Danchi	8
Haramachinaka Danchi	1
Matsubara Danchi	1
Nakao Danchi	2
Okubo Danchi	1
Nishiide Danchi	1

* There is a limit to the number of parking spaces available to residents.

* You will be able to move-in in late October.

- **Who:** The applicant must meet all the following requirements:
 1. Income does not exceed the stipulated amount.
 2. Must live or work in the city
 3. Currently in need of housing
 4. Not a member of an organized crime syndicate (including housemates), etc.
 5. An emergency contact, with a separate address and income.
- **How to apply:** August 13 (Wed) – 15 (Fri), between 8:30 and 17:00 in person
- **The selection date:** August 29 (Fri) from 13:30.

*Jiyugaoka Danchi (4 units), Ariosu, Vira Wisteria, Kobayashi Danchi, Tiara Mansion and Hara Danchi (5 units) are available to single persons aged 60 or above or those who are certified as a person with disability.

*Single people who do not meet the above conditions may only apply for those units which haven't

been applied for by anyone for at least 4 months.

*If there are too many applicants, a public lottery will be held.

*If you are applying for the first time, please visit the Housing Policy Division on the 6th floor of the city hall before the application period.

*Units that have not been selected by anyone in the current round of applications will automatically be available.

*You can apply without a guarantor.

*Please contact us for details or visit the city website.

- **Apply/Contact:** ☎055-934-4792 Housing Policy Division (*Jutaku Seisaku-ka*)

✧ Prefectural Housing ✧

- **What:** We are taking application for new residents for prefectural housing every month.

- **Announcement date:** 10th of every month

- **Application period** 10th – 18th of every month

* Please contact us or visit our website for the details of application methods.

- **Apply/Contact:** ☎055-920-2271 Prefectural Housing Provision Public Corporation Eastern Branch Office

- **Contact:** ☎055-934-4792 Housing Policy Division (*Jutaku Seisaku-ka*)



Website

✧ J-alert's Nationwide Simultaneous Information Transmission Test will be conducted ✧

- **What:** We will conduct a nationwide J-Alert transmission test. This system instantly transmits information such as early warnings of an earthquake, tsunami warnings, and ballistic missile attack etc. to citizens via public address system.
- **When:** August 20 (Wed); around 11:00 am (backup date: September 10 (Wed))
- **Details:** "This is a test for J-alert"(これはJアラートのテストです) will be repeated 3 times.
- **Contact:** ☎055-934-4803 Crisis Management Division (*Kiki Kanri-ka*)



DISCLAIMER: The English version is a translation of the original Japanese newsletters. Articles are translated according to the needs of foreigners, therefore, not all articles are translated. While reasonable efforts are made to provide accurate translations, there might be some discrepancy. We encourage you to report if you find any inaccuracy or translation error.

Translation in part by Gyoshu High School