



**JUNE 2025**

**NEWSLETTER**

**6月**

**English Version**



## ✧ Expiration of National Health Insurance card - July 31 ✧

As of December 2, 2024, traditional paper health insurance cards were discontinued. Japan is transitioning to a new system that uses the MyNumber Card as the health insurance card (Referred to as the “MyNumber Health Insurance Card”).

Until now, new health insurance cards have been issued to National Health Insurance policyholders every July; however, from this fiscal year onwards, health insurance cards will not be renewed.

In late July, we will send you the following item in place of a health insurance card (no application is required.)

### ✦ For those who do not have a MyNumber Card

You will receive a “Qualification Confirmation Certificate” (資格確認書), which can be used in place of a health insurance card.

### ✦ For those who have a MyNumber Card

You will receive a “Qualification Information Notice” (資格情報のお知らせ), confirming your insurance enrollment.

※ Those under the age of 70 who newly enrolled or have made changes on or after December 2nd, 2024, have already been issued a “Qualification Information Notice” (資格情報のお知らせ). Please continue to use the notice.

※ Those aged 70 to 74 will receive this notification annually. A “Qualification Information Notice” (資格情報のお知らせ), informing them of their contribution rate starting August 1.

### ◆ Change in delivery method

You may request to change in how you receive your qualification confirmation letter or qualification information notice either in person at the counter or by registered mail by submitting an application.

- **How to apply:** Call or come in person to the National Health Insurance Division on the first floor of City Hall
- **Application deadline:** Friday, June 6, 17:15
- ※ For more details, please visit the website
- **Apply/Contact:** ☎055-934-4725 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

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## ✧ Examinations for HIV, Syphilis and Hepatitis ✧

- **What:** Examinations are free of charge and can be received anonymously.
  - **When:** Tuesdays, 1 to 3 times a month
  - **Where:** Tobu Public Health Centre (*Takashima Hon-cho*)
  - **How to apply:** By phone (appointments required)
    - \* For details, please contact us.
  - **Apply/Contact:** ☎ 055-920-2109 Tobu Public Health Center (*Ken Tobu Hokenjo*)
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## ✧ Separation of Garbage is a Community Manner ✧

The way you dispose of your daily garbage can significantly impact the environment. To help conserve valuable resources, please be mindful and separate garbage properly.

### How to dispose of plastic containers and packaging









Plastic containers and packaging - including plastic, vinyl, and Styrofoam - are collected once a week in the city

Since these items will be recycled, please remove stains before disposal. If the stains are difficult or impossible to remove, please dispose of the item as "burnable garbage".



### Mixing foreign objects with plastic containers and packaging can cause serious consequences.

Items that may ignite, cause injury, or contain medical waste are especially dangerous when improperly disposed of. Please help us maintain a safe and effective recycling system by ensuring "proper garbage separation."

 Pet bottle  Can Into the collection bags on resource collection day	 Electronic Cigarettes  Rechargeable batteries To yellow containers on resource collection day
 Kitchen knives  Scissors At the metal collection point on resource collection day	 Syringes  Needle for intravenous drip Into the prescribing medical institution, etc. *The city does not collect these items.



The wrong thing in the wrong bag

Designated bags, go to 'Landfill waste'



Cans, jars, etc.



blue tarpaulin

- **Contact:** ☎055-933-0711 Clean Center Management Division (*Clean Centre Kanri-ka*)

## ✧ Renewal procedure for Medical Expense Subsidy for Single-Parent Households ✧

- **When:** June 2 (Mon.) - 30 (Mon.) 9am - 5pm (must be received by this time)
  - **Eligibility:** Individuals from single-parent households etc., whose households are exempt from income tax
  - **How to apply:** Submit the application form by mail or in person
- \*The application form was sent to eligible people by the end of May.
- \*For those wishing to apply medical expense subsidies for the first time, please consult with us by the end of June.
- \*If you are bringing your application form in person, please bring the notification letter, health insurance card (for all eligible recipients), and any other necessary documents depending on the individual's eligibility.
- **Apply/Contact:** ☎055-934-4868 Child Future Develop Division (*Kodomo Mirai Sozo-ka*)

## ✧ Maternal and child health handbook feature! Make the most of the parenting app "Numazu Parenting"!! ✧

The Numazu Parenting app automatically creates a personalized vaccination schedule, notifies you of upcoming appointments through email, and lets you save growth milestones with photos. This app also provides useful information on child-rearing support, including medical expense subsidies, nursery schools, kindergartens, and medical institutions.



For more details

To register, you need to fill in your child's date of birth, email address, nickname, etc. The app is available for use both on smartphones and PCs.

- **Contact:** ☎055-951-3480 Health Promotion Division (*Kenko Zukuri-ka*)

## ✧ Subsidy for recurrent pregnancy loss/infertility medical treatment expense ✧

For couples (including those in common-law marriages) who wish to conceive but are suffering from infertility or recurrent pregnancy loss, subsidies are provided to cover a part of the medical expenses. There are no restrictions on the number of children or whether you already have.

- **Eligible Treatments:** General treatment for infertility (artificial insemination, timed therapy, drug therapy), ART (IVF, ICSI), male infertility treatment such as TESE (Testicular sperm extraction) and MESA (Microscopic epididymal sperm aspiration) etc. in ART, recurrent pregnancy loss.
- **Grant amount:** 1/2 of the self-payment amount spent on treatment, up to a maximum of ¥300,000 per couple per fiscal year.
- **Grant period:** 5 fiscal years in total

\*Please visit the city website for details for eligibility and application method.

- **Contact:** ☎ 055-951-3480 Health Promotion Division/Health Centre (*Kenkou Zukuri-ka/Hoken Centre*)



## ✧ Lifesaving Seminar: Ordinary First Aid Course III ✧

- **When:** Sunday, June 22, 9:00 – 12:00
- **Where:** Emergency WorkStation (On the grounds of the municipal hospital)
- **Contents:** Cardiopulmonary resuscitation (CPR) for children and infants, handling of AED, hemostasis, Heimlich maneuver, etc
- **Who:** Junior high school students and older who live or commute to work or school in the Sunto Izu Fire Headquarters area
- **Capacity:** 30 participants (first-come-first-served basis)
- **Application method:** By phone from 8:30 am on May 22 (Thu).
- **Apply/Contact:** ☎ 055-921-9999 Emergency Workstation (*Kyukyu Workstation*)





# ✧ The 78th Numazu Summer Festival and Kanogawa River fireworks display Tickets for viewing seats are now available! ✧

## The 78th Numazu Summer Festival & Kanogawa River Fireworks Display!

**Date and Time:** July 26 (Sat.) • 27 (Sun.), 19:15 - 20:15

**\*In case of rain, the event will be rescheduled**



Tickets for the 78th Numazu Summer Festival and Kanogawa River Fireworks Display, to be held on July 26 and 27, will be sold through a citizen advance lottery and a general lottery. This year, we have prepared 30 premium spaces (masu) for each day. Enjoy fireworks with comfortable spaces (masu) with chairs, and tables!

### Citizens advance lottery sales

**Eligibility:** Numazu city residents only

**Application Period** June 9 (Mon) - 17 (Tue)

**Available seats** Approx. 450 spaces each day (15 Premium spaces)

※The lottery results will be announced sequentially after June 24 (Tue).

### General lottery sales

**Application Period** June 30 (Mon) - July 7 (Mon)

**Available seats** Approx. 440 spaces each day (15 Premium spaces)

※The lottery results will be announced sequentially after July 11 (Fri)

### How to Apply

#### Online

Apply via the dedicated online form

#### Payment method:

Convenience store,  
Credit card

※Ticket PIA membership  
registration is required in  
advance to apply.



Dedicated form

#### By postcard

Send the following info to Ticket PIA:

- Fullname (furigana)
- Address
- Telephone number
- Preferred date
- Preferred Area (up to your second choice)
- Number of tickets (must arrive by the deadline)

**Payment method** : Convenience store only

\*If you wish to attend on both dates, please submit a separate application for each day.

※Tickets will not be sold at a counter.

※Winners must pick up their viewing tickets at the cashier counter of a Seven-Eleven store by the transaction deadline.

※System usage fees and processing fees will apply for purchases.

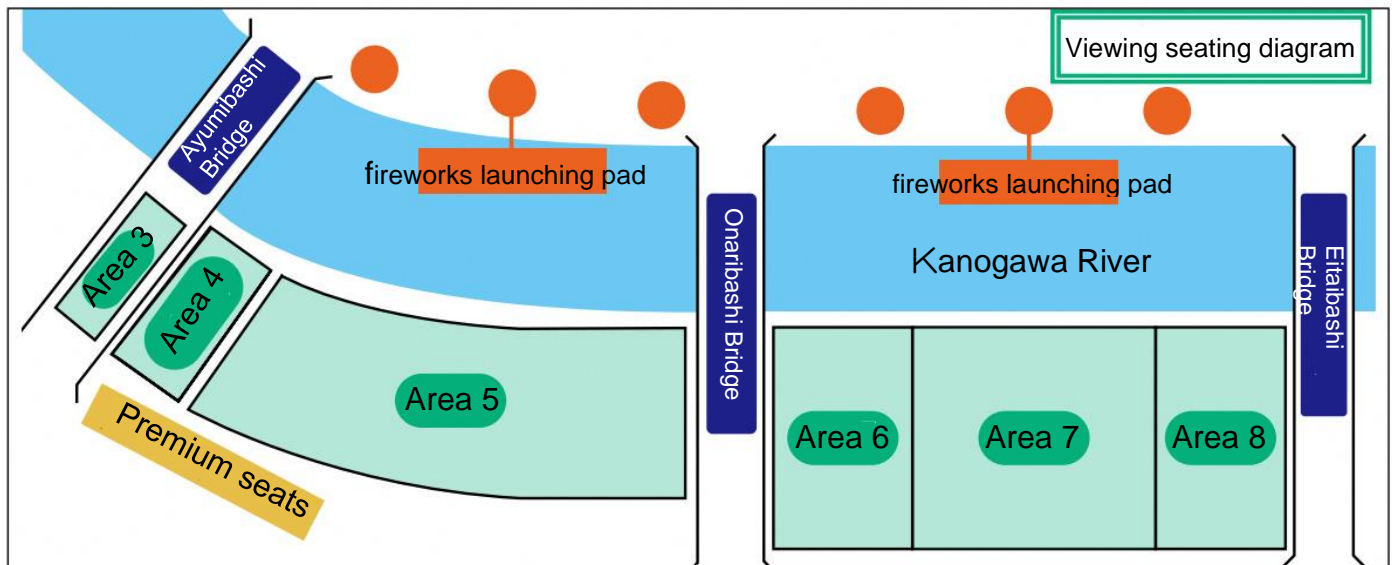
**Apply/Contact:** Ticket PIA ☎0570-06-4305 (weekdays 11:00 - 17:00)

〒461-0005

Aichi-ken, Nagoya-shi, Higashi-ku, Higashisakura 2-13-32

PIA Nagoya Building, 6F, Ticket PIA Numazu Summer Festival/Kanogawa  
Fireworks Festival Counter

## About viewing Area



Area	Price
Area 8	11,500 yen
Area 3,4,6	14,500 yen
Area 5,7	16,000 yen
Premium space	30,000 yen



Numazu Visitor's Portal

※You may apply for up to your second choice of seating area.

※For each day, each person may apply for up to two spaces (masu), or 1 premium space (masu).

※ One regular space (approx. 3 m<sup>2</sup>) can fit up to 6 people. (A premium space can fit up to 4 people.)

※In the event of cancellation due to bad weather, or other reasons, no refund will be given for tickets.

※Please visit the Numazu visitor's portal for more details.

- **Contact:** ☎055-934-4744 Numazu Summer Festival Executive Committee, Fireworks Department (in the Industrial Policy Division)

## ✧ Start Preparing Now! - To avoid being rushed when the time comes ✧

Obtaining accurate and up-to-date information during a disaster is very crucial for reducing damage and deciding when to evacuate.

The period from June to October is especially prone to disasters caused by heavy rainfall and other natural hazards. Now is a great time to review your daily disaster preparedness.



## Are you and your family ready? Let's check together!

☐ **Check Hazard Maps:** Review hazard maps to see if your residential area is at risk.

In addition to flood hazard maps, the city also provides earthquake/tsunami hazard map, landslide disaster hazard map and also Mount Fuji volcanic hazard map.

Identify Flood-prone areas and landslide risk zones, and use this as a basis for discussion with family or nearby relatives.

☐ **Create “My Timeline”!**

My Timeline is a personal evacuation action plan, organized in chronological steps to help you prepare for wind and flood disasters.

Use the official guide to review your environment and create a My Timeline for yourself and your family.

~Important thing is “Output”~

Guidelines are available by region. Follow the four-step process to create your “My Timeline”. It is more effective when made together with your family or close contacts.

☐ **Prepare necessities!**

Stock up on the essentials like foods, drinks, medicine, portable toilets etc. Your lists may vary depending on your situations - for example, if you have small children or family members who need nursing care.

Preparing emergency supplies is a good opportunity to raise awareness, so discuss it with your family and prepare together.



For more details

## In case of expected Storm or Flood Damage

☐ **Use information tools**

Local governments provide real time disaster information during storms and floods. You can also check evacuation information and river water level information by pressing the d button on your TV remote control.

☐ **Consider Safe Alternatives to Evacuation Shelters**

The city opens evacuation centers based on the situation. However, you may also consider staying at your friend's or relative's house in a safe area, or evacuating to the second floor of your house if it is during the night and unsafe to go out.

## Did you know? Accommodation Subsidy System

If you feel unsafe in evacuating - such as those requiring care level 3 or higher, and who have a disability certificate - you may be eligible for a subsidy when staying at the city designated accommodation facility.



For more information

※ Visit the Numazu City Disaster Prevention Portal Site or Numazu City's Official Disaster Prevention App for hazard maps and further information.

## Utilize the New Information Tool with Maps that Display Disaster Information

To safely evacuate during disasters, it is important to check the information the city gives out and know the danger around us.

A new information tool has been introduced that allows you to check disaster information in the city using maps on smartphones and tablets.

Open in May ! !



# Numazu City Disaster Prevention Portal Site

<https://www.numazu-bosai.jp/bnumazu22/portal/html/home.html>



## Numazu City's Disaster Information at a Glance!

The Numazu City Disaster Prevention Portal Site can be used to gather important information such as weather warnings, advisories, and issued evacuation notices during disasters. In addition, various types of hazard maps are published. Use this site in your daily disaster preparedness to understand potential risks of possible disasters that may happen in your house, work place, or school.

### 1 Checking Warnings

Check announcements like weather warnings and evacuation information from the city.



### 2 Checking Risk Levels and Shelter Information

Evacuation warnings are displayed from the city on the map using the color-coded danger levels. You can also check the locations of evacuation shelters.



### 3 Checking Traffic Regulations

The map displays road restriction information, including affected sections and reasons for the restrictions.



### 4 Checking Hazard Maps

Hazard maps of floods, landslides, earthquakes and tsunami can be checked.



## Information Available

- ①Warnings ②Messages from the city ③Disaster prevention and weather reports
- ④Opening of evacuation shelters ⑤Evacuation Information ⑥Traffic regulations
- ⑦Hazard map ⑧Related sites

## App Notifications!



## App for Citizen's report "News Digest"

### Check dangerous locations for safe evacuation! Report disasters happening around you

The city has signed a partnership agreement with JX Press Corp. to utilize their free news app "New Digest", which gathers and shares disaster information.

It is very important to know the threats in your surroundings. Check what is happening in your region and use the app to post live disaster information.

### Information available to check

- ①Weather reports
- ②Seismic intensity
- ③Disaster information posted in SNS  
(Floods, inundation, etc.)

Download Here

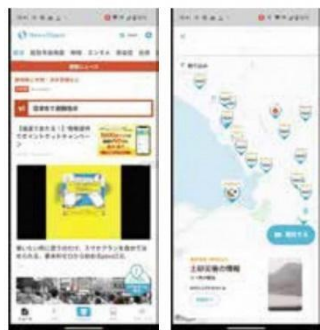


Android



iOS





### Post the Dangers Around You

- ① Check risks of floods and inundation in your area
- ② Post disaster information around you by pressing the button below the app.
- ③ Use shared posts to stay safe and know how to evacuate.

### Check dangerous places with the disaster prevention map

- ① Select the “Real-time disaster prevention” on the bottom right of the app.
- ② View posts about floods and landslides from social media shown as icons.
- ③ Check dangerous locations around you and use the information to stay safe and evacuate wisely.

- **Contact:** ☎055-934-4803 Crisis Management Division (*Kiki Kanri-ka*)

## ✂ Information on MyNumber Card ✂

### Have you completed the procedure to update your MyNumber digital certificate?

The validity period of your MyNumber electronic certificate is until your fifth birthday from the date of issue. Once the expiration date has passed, you will no longer be able to use it as a MyNa Health Insurance Card (MyNumber card with health insurance function) or log in to MyNa Portal (portal site of MyNumber card). You will receive a notification two to three months before the expiration date, so please prepare the necessary documents and the PIN number you sent when your card was issued and then complete the procedure.

#### ◆ Please use the window closest to your home.

Renewals can also be completed at an city hall satellite window. The division in charge of MyNumber at a City Hall can be very busy, so please cooperate by spreading out the use of the window.

- **Opening Hours: 8:30 – 17:15 (Weekdays only)**

\* Not available on weekends and national holidays.

Place	Address	Phone Number	Place	Address	Phone Number
Katahama	Ozuwa 46-1	055-962-2083	Nishiura	Nishiuratachibo 22-1	055-942-2002
Kanaoka	Ebaracho 3-1	055-921-2084	Hara	Hara 1200-3	055-966-1001
Ooka	Ooka 2357-1	055-921-2085	Ukishima	Hiranuma 375-1	055-966-2009
Shizuura	Shishihama 34	055-931-3004	Ohira	Ohira 2197-1	055-934-3290
Ashitaka	Higashibara 358-1	055-966-2490	Heda	Heda 1294-3	0558-94-3111
Uchiura	Uchiuramito 249-3	055-943-2044			

#### ◆ Information on holiday windows

A dedicated window for issuing MyNumber cards and renewing digital certificates is open twice a month at the citizens' Division.

When
June 8 (Sun), 28 (Sat)
July 6 (Sun), 26 (Sat)
August 3 (Sun), 23 (Sat)
September 7 (Sun), 27 (Sat)
October 5 (Sun), 25 (Sat)

**Time:** 9:00 – 12:00

**How to apply:** By phone (reservation required)

\*Please contact us for schedules after November.

\*If you are making a reservation for issuance, please prepare the notice (交付通知書) we sent.

#### ◆ You can check the congestion status.

You can check the congestion status of the Citizens' Division window in real time.

- **Apply/Contact:** ☎055-934-4721 Citizens' Division (*Shimin-ka*)



For detail



## ✧ Nighttime Consultation for the payment of Municipal Tax ✧

- **When:** June 16 (Mon), 17:15 - 19:00
- **Where:** Tax Administration Division, 2nd floor, City Hall
- **Contact:** ☎055-934-4732 Tax Administration Division (*Nozei Kanri-ka*)

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## ✧ Nighttime Consultation for the payment of National Health Insurance Premiums ✧

- **When:** June 16 (Mon), 17:15 – 19:00
- **Where:** National Health Insurance Division, 1st floor, City Hall
- **Contact:** ☎055-934-4727 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

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## ✧ For those who are enrolled in National Health Insurance, have you declared your income? ✧

- **What:** The insurance premium may be reduced for those who did not have income from January 1 to December 31 of 2024 or people who do not need to declare their income under tax law (such as those whose income is only non-taxable pensions such as survivor's pension, disability pension, etc.). If you are eligible, please contact us by June 13.  
Those who have filed income tax and resident tax, those who have received national pension or employees' pension, and those whose employer have submitted a salary payment report do not need to declare.
- **Contact:** ☎055-934-4726 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

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## ✧ Application for subsidy of brain medical check-up to members of the National Health Insurance ✧

- **Consultation period:** Tuesday, July 1, 2025 – Tuesday, March 31, 2026
- **Who:** People aged 40 and older as of April 1, who continuously subscribed to the national health insurance from before April 1, 2024 until the day of consultation, and has completed the payment of the insurance premiums up to Reiwa 6 fiscal year (FY 2024).
- **Capacity:** 300 people (first come, first serve)
- **Subsidy:** 40,000 yen (Patient copayment will depend on the medical institution)
- **How to apply:** In person at the counter, by phone or online through a designated form. (As a general rule, the application procedure is limited to the person themselves or a member of the same household)
- **Application period:** Wednesday, June 11, 2025 – Friday, February 27, 2026  
\*Please visit city website for more detail.
- **Apply/Contact:** ☎055-934-4725 National Health Insurance Division (*Kokumin Kenko Hoken-ka*)

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## ✧ Nighttime consultation for payment of water bills ✧

- **When:** June 10 (Tue), 17:15 – 20:00
- **Where:** Water Service Division, 1st floor, Water Works Department Building
- **Contact:** ☎055-934-4853 Water Service Division (*Suido Service-ka*)



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## ✧ June 5 (Thu) is the due date for payment of light motor vehicle tax ✧

Please remember to pay the taxes by the due date.

- **Contact:** ☎055-934-4732 Tax Administration Division (*Nozei Kanri-ka*)

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## ✧ Free consultation for Foreign Residents ✧

You can consult with lawyers and other professionals about any problems you may have in your daily life. Japanese people who wish to consult on matters related to foreigners can also participate.

- **When:** June 29 (Sun), 13:30 – 16:00 (Reception hours: 13:00 – 15:30)
- **Where:** Sanwell Numazu

- **Contents:** Legal issues, labor problems, immigration procedures, international marriage, and administrative consultation etc.
- **Eligibility:** Foreigners and those related
- **Counselor:** Administrative scrivener, Lawyer, labor and social security attorney
- **Interpreter:** English, Chinese, Spanish, and Portuguese. Video interpretation for other languages is also available.
- **How to apply:** By phone or in person by June 27 (Fri) at 17:00



\*Receptions on the day is possible depending on availability. Please bring along any documents related to the consultation.

- **Apply/Contact:** ☎055-934-4717 Regional Autonomy Division (*Chiiki Jichi-ka*)
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