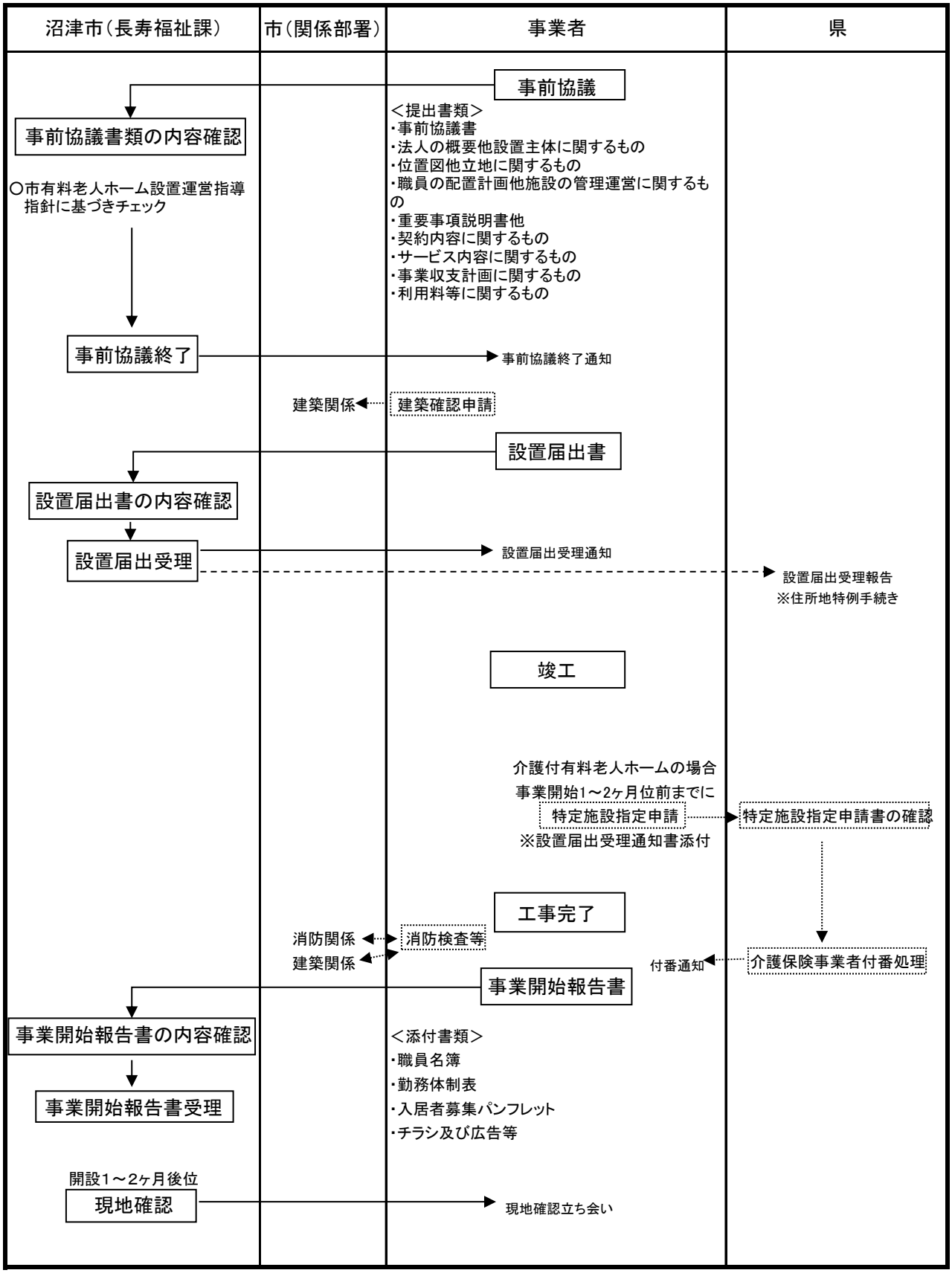有料老人ホーム設置届けの流れ